# Prisoner Express Poetry Anthology Volume 21



#### Words By Phillip Johnson

"A lot of meaning into a short form."

Pulling it from me,

something

Different and outside the "norm."

These words...

They consume me, bringing to light, things.

Long hidden; never heard and deep.

These words

Can be light, but heavy; connecting Others with me,

After all, these words, and I, have A love affair.

They attach us with our ancestors And antiquity

As we both utilize this air;

connecting

Through one, in spirit, and one, in body

These words...

Spoken and written; together, in this

Love affair, they

Free me.

Not just physically, but mentally;

Allowing others to see

Our love affair.

"Words."

Be my gift, to a humanity, in

Search of

Meaning;

A humanity hoping

These words

Can; spiritually; sincerely;

Express, what it means

To be:

A human being.

#### **Domestic Violence**

### The Faces of Domestic Violence By Bobby Bunderson

Deep, Slumber. Childhood blissful wonder. Ceased Forever. A slap! A scream! A crash! Unbridled confusion. Discord in a flash!

Frightened innocent eyes struggling to pierce the blackness of night.
A young heart breaking- perceiving



his mother's plight.
Liken to that of a newborn foal- legs woddle- struggling to stand upright.
The boy slinks like a criminal outside his night.
Lungs filled past bursting with

#### John Ponder

courageous air- inching himself forward as fast as he could dare. Long and narrow the ominous corridor loomed ahead- concealing calamities, danger, strife, and dread!

Yet defiantly the small toy soldier continued to advance- braced to fight in advocacy, he would make a final stance!

The hallway mirror echoed back a dreadfully shocking sight.

The image was gaunt and shallowyoung eyes so full of fright! The first face of Domestic Violence

I had ever witnessed was that of my own reflection.

Crumpled and beaten; eyes swollen shut; lips flat and puffy; crimson from a cut.

Small hands flailing- common sense abating- cursed tears betraying.

"Poor little Momma's boy!" The antagonist said with malice.

"You dammed little cry baby! I should have named you Alice!" Broken lip- sinking ship. Blue eyes so full of sorrow.

Home wrecker- heartbreaker-Daddy, will you hurt us more tomorrow?

These are two more faces of Domestic Violence that my future would borrow...

Divorce! Ugly and loud. Lives lived under this malicious cloud.

Both remarried- again... and again... Same old song and dance. Same old violent sin.

My friends were: abandonmentresentment and anger out-ofcontrol.

Preachers were always preaching son- "Ye shall reap what ye shall sow!"...

Wedding bells and marriage bliss/ I said I do with a poisonous kiss. The birth of our first daughter. The A-B-C's and 1-2-3's. Playing on the teeter-totter.

Morals, virtues, and ethics are the lessons that I should have taught her.

Yet instead. She has to witness the violence which I had to release. Never a man, a husband nor a dad, I had become the beast! You bitch! You whore! You stupid cunt!

Words which roared like thunder. Surely this is not what the preacher meant when he said: let no man put asunder...

Divorce- both remarried, again, and again. Same old song and dance, same old violent sin.

The cycle of Domestic Violence ends now!

No more faces. No more scars. Let there be peace under God's glorious stars.

#### **Environmental Poems**

### Awaken By an unknown author

Man wishes to equal all of God's creativity
In some ways we are fine
When mankind is inclined
But then with overwhelming sadness
It rains down like thunderstorms of

madness
Sweeping us into anger and grief

Sweeping us into anger and grief
We feel despair without relief
Look at what we have done
What we have created, what we
have become

Look at all the years of destruction
The acid rain and chemical
production

We build nuclear weapons out of hand

When drugs run rapid across our land

We have smog alerts and greenhouse gasses

Will life on our planet slowly fade
Our natural resources the price we
paid

We need to slow down and realize
To awaken and open our eyes
We are destroying our home
Now our future is unknown
Will we leave a toxic legacy?
To our children's destiny
We need to slow down and realize
To awaken and open our eyes

### FINGERPRINTS By James Washington III

Broke within, falls lonely leaf Lonesome life can see no one Hear these silent leaves Disconnect of family trees

With each pluck seasonal
Wing gust create the need
That leaves the ground relieved
Trapped the system-eco pleased

Rage voiced pleasantly begs and pleas

Face the rake who bag its deeds Knots and ties or locks and keys Fallings are rigged traces it L

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#### Wash, Rinse, Repeat, Wash, Rinse, Repeat... By Michael Griffis

I've mentioned again and again
How often and to where and when
Now I see coming
Disaster so numbing

It's tough putting paper to pen It's ungodly fires and drought Bout after bout after bout The fires so grand Once forest now sand Removing if any that doubt

Where isn't a drought is a flood
The water too teaming with crud
It's raining, it's pouring
Arizona a mooring
And Utah is sticky with mud

Watch as the oceans keep rising
No longer a guess or surmising
Now you can surf
Where Denver once turf
Or so said the guy was advising

Where isn't a flood epic snowing
They're sledding where once they
were rowing
That Ivy league school
New meaning to cool
And Three Mile Island still glowing

And once again taking our lumps
With Chicken pox, measles, and
mumps
I see in the Hague
A brand-new type plague
Boils and cysts on our rumps...

Our medicines no longer killing
Germs once were able and willing
Where once were competing
The winner flesh eating
To say getting better at illing

No matter the scrubbing or cleaning
Bacteria stubborn, demeaning
Rub-a-dub-dub
That's staph in your tub
There isn't no time to be leaning

With every new drug new disease
On ticks and mosquitos and fleas
Now when you tan
You need DEET and fan
Ebola is carried on breeze

Healthcare will be in the sewer
The healthy will be even fewer
Doctors and nurses
Cast hexes and curses

An old-fashioned poultice for cure

Seemingly now after checking
It's not just the future we're
wrecking
It's here and it's now
It's Lyme and Mad Cow
It's too many folks what the
hecking!

#### **Family**

### My Dad By William James Jonas III

Larger than life, is a cliché
Always for me, that's you each day
Others were coach, you're my
biggest fan
Loving support, the model man
Loss of control, you did not teach
I picked that up, beyond your reach
But you were there, stood in the
breach
Helped me heal up, and never
preached
Endured the drama, that has been

Path

my

A safe place to cry, the best place to

Laugh

Tested, pestered, disappointed let Down

Without showing anger you still stuck

Around

To listen be helpful and providing a Plan

While showing the meaning of father

And man

One thing is quite certain, I don't meet your Best You gave me the goodness and forgave the rest

# My Mother's Eyes By Bernard Wroblewski (Shadow)

As my soul crumbles and emits its mournful cries
My heart finds peace in the memories of my mother's eyes,
In her eyes there was no limit to the love I always found.
Pools of affection with enough to always go around.
In those eyes I've seen joy, happiness, and cheer.
But I also saw sadness, disappointment, and fear.

Through the world was full of smokescreens, fables, and lies, I could always find the truth of life in my mother's eyes.
At times I would fail and find understanding there,
That told me no matter my follies, she'd still care.
When I was tempted to give in and meet my demise.
I found the encouragement to fight

When my tears fell unchecked in my times of emotional pain
Just one look in her eyes was enough to stop the rain.
She always gave me the comfort my heart would need
So I could find the willpower to proceed.
A woman of constant Intrigue and

in my mother's eyes.

A woman of constant Intrigue and surprise

There were wonderful mysteries in my mother's eyes.

At times I was acorned, abandoned and extremely hated,
Left alone to endure the misery to which I was fated.
I was beaten, broken, and unmercifully abused

People's actions and words leaving me scared and confused. I walked the world alone from sunset to sunrise But I find a place of belonging in my mother's eyes.

### The Firstborn By Julia Tomlinson

He arrives with a lusty cry Already the apple of his parents' eye Cheeks so plump, waving fists

Rosebud mouth and hair just wisps. Tomorrow the babe will disappear, Replaced by a toddler with curling hair;

Then off to school, playing ball, Slamming doors and breaking hearts

As he seemingly breaks all else in his path

To his folks' dismay and often their wrath.

Baseball, cars and then one daygirls.

Onward, ever onward he whirls Until one day-- She appears Awakening their deepest fears For the Boy is suddenly whisked away

"I do" in a voice so strong and deep That yesterday was so light and sweet

To the girl beside him and they suddenly face

The fact that their boy has been replaced

By this Man, that he has somehow grown

Now with wife, family, his own home

And they are to be left behind With only memories of a happier time

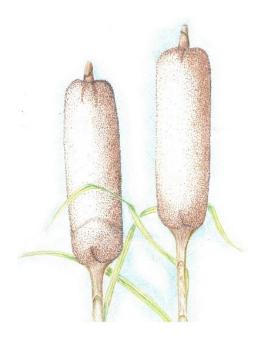
When he filled their lives, their hearts, their home. But that is over, and he is gone.

### THE FAMILY By Chris Williams

As a young couple spoke Of their new adopted son. As they talked of things they'd do In all the days to come. I could feel all their joy Through the expressions on their face And I thought of all the ups and downs That'd soon be taking place, I listened to their laughter, I heard the excitement in their voice. I knew deep inside This all started with a choice. Everyday we all make choices And with each one there's a price. In everything we do or say, There's always a sacrifice. This reminds me of my Father The greatest man to ever live. It makes me think of the sacrifices. That he too had to give. See, my father also made a choice, A long long time ago. But, then he made a showing, Of how far his love will go. Back then my owner was evil, He brought physical and mental pain. He swore no one would ever want me

And told me he was my only gain. I used to sit and think of different ways to try to escape. But, everything I tried failed, So I accepted that as fate. Every night I'd bow my head, I'd pray the Lord my soul to keep. Then I'd curl up on the floor And cry myself to sleep. So, I never will forget The day my Father came. He said. "I choose him." Then he called me by my name. The owner said, "now wait, I'm not sure I'll let him go. But, if you "really" want him, The price will not be low. My father said, "I LOVE HIM" I know I want that one. The owner said, "Okay" The cost, your only son.

But, before you make your choice, Let me tell you what I'm gonna do. Let me explain the pain and suffering. Your only son will go through He'll be beat and abused. He'll be tormented with hell He'll be spit on and flogged And to a Cross he'll be nailed. He's gonna be crucified with thieves. On that Cross he will DIE. That's the cost of this one's soul. Som do you still want to buy? My father softly said, "Yes, I'll pay his sinful price" "I'll send my son Jesus, As a living sacrifice." But Satan, just so you know, His death will by no means be the end. For the third day after his burial, I'll raise JESUS again!! My father's promise to this world is If you will just believe. He'll wait with arms wide open, Welcoming you to the family... Brandon Rushing



#### Freedom and Loneliness

### Freedom and Pain By Gary Farlow

I stand in the vastness
The sea in front and sand behind,
A seagull soars and a crab tries to
hide,
I feel small surrounded by such
grandeur.
My spirit flies with seagulls
And know freedom with no limit

And know freedom with no limit;
My heart hides with the crab
As it creeps to the edge and can go
no further,

It disappears in the small cramped space for one,

Just as I can go no further than wire mesh

And retreat into my own shell, a cell,

Where darkness surrounds, fear paralyzes
And pain reigns.

### Not Alone By Jevon Jackson

Loneliness

Is not a big empty house
It could be a hundred people
Crowded all around you
Cloned in the chicanery
Of wax, plastic smiles;

Loneliness
Is not a thousand miles from here
Over and yonder and through
The woods
It could be
A week of silence
With the wide and thriving
Sun:

Loneliness
She could be
Solitude's most cherished daughter
Who's come to collect her kisses,
The love you give
When there is nothing left
To confound you

### **Lonely Adventurer**By Matthew Morton

Only a human and my limit break's out
My XP bar's short, here enters doubt
The inventory's dry and gold is low Map unavailable with nowhere to go

In Clan or party, I wasn't interested Why split the treasure, I've never been bested Most evil I face despises my essence Common creatures flee from my presence

These beasties however, aren't normal at all Outweigh me thrice and two times as tall Horns like my axe, claws just as keen Eyes shining red and teeth glowing green

If only I had the presence of mind To not leave all my resources behind Money in the bank does me no good I'm all alone and I'll die in this

wood

in mage

The monsters that swarm press their advance Even attempted escape has zero chance Two potions left, no reason to use The next traveler may need the refuge

flee
Now there is only one choice for
me
I growl in protests and enter a rage
I discharge some magic, two levels

Better for them, t'would help them

As they close in I notice their worry The destruction I deal, no need to hurry However, I notice they're running away

Not from me, something else in the fray

I see one monster take off in the air It speaks in its tongue, 'this isn't fair'

A bright light follows and it burst aflame

The others start shouting, 'I hate this game!'

The rest try to flee in many directions

The stranger and I make clear our intentions

I give her a potion before she could fall

We level up twice, killing them all

She thanks me and smiles, so casual and sweet

I feel warmth go from my head to my feet

Never before have I traveled with friends

Now, here's to hoping that it never ends



### A Lonely Bird By Richard Atkins, Jr.

Tell me why I'm alone, in this cage My owners are somewhere not realizing my fate

My tiny brain I try to use to escape This nightmare, my reality or just my pain

Purchased with joy and much love Like merchandise am I to think of Tears are small, they can't be seen My screams are small, what does this mean

I'll behave, please open the door If I fly away I may be shot to the floor

Our time on earth has a meaning Someone shared a little secret So I'll keep singing I wonder if they'll like this tune? It's one I made up just this afternoon

God help me, I want my freedom Once heard someone say; what if we eat'em?

Almost lost my nerves My feet on a limb, at the edge of the curb

It's been a short while Since I left my cage into the clouds Have to watch for predators, not only my words

Who, who are you talking to? Oh just this Lonely Bird...

#### Black Hole of My Mind By Patrick J. Pantusco

Between Heaven and Hell, are the realms of my mind.

Labyrinths to a world, which is one of a kind.

Acres of darkness, an all-consuming black sea,

Clocks ticking backward, n' my only friend is me.

Knowing it's not real, doesn't help me to cope,

Hanging on for life, to a barbedwire rope.

Only those who have journeyed, down a similar path,

Legitimately understand, all of this pain that I have.

Emptiness swallows me, and I feel all alone.

Overwhelmed and neurotic, in this twilight zone.

Familiar voices speak volumes, which only I hear,

Mercilessly taunting, until I cower in fear.

Yearning to feel normal, but as you can see,

Merely being normal, was never an option for me.

I'm sick of the sadness, but I'm used to the pain,

Nay destined to live strapped, to this runaway train.

Do you now see, in me what you'll find?

I'm a prisoner confined, in the BLACK HOLE OF MY MIND.

#### Hope

#### Morning Julia Tomlinson

Shades of gray, pink and blue,

Sparkles of flashing from drops of dew.

Air so sweet, pure and crisp, Wispy tendrils of pearly mist. These are the sights of early morn And I, like the day, feel reborn.

### The Weight of Hope & Promise Johny E. Manhaffey

You are holding back four walls With all that you've got. They are close,

And pressing ever so intently against you,

And your every effort. Your legs and arms

have long grown tired, and you are so terribly

Sleepy. It feels as if you will never win.

Against the days and the years That press upon you.

But, suddenly,

The unexpected surprise: someone arrives!

You are not alone in the dark enclosing room,

And there is light, for the first time In years, as they kneel beside you to help

Fight against the push and the turmoil

Upon your soul. They pinky promise, and odd,

Childlike things to do; but, it's there. Their dibs placed upon you. You

rest

Your tired limbs each day, as you both inch

Closer to the door, together: you will be outside

Arm in arm, hand in hand, when that day comes.

Then, suddenly, The expected show drops, only six days in:

A buzzing just outside the door,

A phone set aside, gets their attention, and they go,
A phone set aside, gets their attention, and they go,
Run through the threshold out of sight.

The walls press in, and you are unprepared, your hope Was up! You call, and you call, but there is no one

There. It gets to your birthday, and you try

To remember the time before, the dibs upon you.

You are holding back four walls That press ever presently, and it goes on

For days, weeks, months, and years.

Stuck so near the door, where you can smell

And taste the air they share, sense the stars they see: and you right with all that you have

With your every effort. Your legs and arms

Long grown numb to the lonely plight you endure.

### Persevere Derrick Bartulio

What gives us the strength to endure

Is hope enough or can we be sure We don't have ot be certain where the waves of life will take us Jesus died on that cross so God will forsake us.

Many live lives full of disappointment, suffering, and death and all we get is hope True, but with the faith that we can find love, that's our Christian shot of dope

Love is God and we should be convinced our father never fails

Like that time in the storm, Jesus said have faith and set sail

Don't be a hearer that forgets or a doer who never acts
Just pick up the bible and take a hit of that spiritual crack
We need to feign for the Lord and inhale the holy spirit
Then pick up a trumpet and blare the good news so that the whole world hear it.

As a degenerate gambler, I'm programmed to calculate the odds God made in in his image so we must love and forgive like we are all Gods
1st Corinthians instructs us to be steadfast, immovable and

steadfast, immovable and abounding in the Lord Let me tell you a secret, we don't need armor or an army, all we need is a bible, God's sword,

Our fleshly lives are short and carnal death is near God promises he who endures will be saved, so always persevere

#### Identity

#### I AM... FROM

I Am From tree lined streets, full of big brick houses home
To lots of big families. I am from open windows and unlocked
Doors. Bicycles left outside all night. Friends and neighbors who treat each other right. I am from dream big work hard good family values. Good manners and grammar. I am from ugly diverse, rapidly changing times!
Home invasions, guns, drugs, homicides. I am from loss of civility, and mass moral decay.

6 am from unkept yards, shattered windows, shattered dreams
Broken homes and broken lives. I am from hope pushed further away with each passing day. I am from increasingly violent crimes and toxic water lines... I AM from Welch Blvd. I AM...
From.... Flint....

### Untitled #68 By Jack E. Dyson

Lovelorn, in this jungle of steel and concrete,

Forlorn, melancholy is what I excrete,

Unborn, the ideas that I keep,

Hidden from view, askew, Brushed under the rug, that carpets pews,

Sitting there looking smug, we are two in one.

Songs never sung, exiled,

far flung

One mentally, one physically, both restrained, Contained, and disdained, for being who we are,
So close but yet so far

#### **Inspiring Poems**

#### I do not believe by Derrick Lynn

i do not believe in dying
from green to red to yellow
to brown to black
beneath footsteps that
have forgotten every memory of
you.
i do not believe in drowning

submerged in baptismal pools of pain

gagging on wormwood words, clawing for the vanishing light.

i do not believe in dissolving

from hate to fear to misery
to surrender to regret
 into dry-ice statues of hope
blown by the breeze.
i believe in dominating
 conquering life with
objective moonlike sway
 so that storming sea tides
still heed my every beckon.
i do not believe in dying
 because perched on my
soul's windowsills
 rest tears the color of
forever
 chanting hurt to hurt

Loss

"All that withers isn't old."

### The Darkest Night By Devin O' Keefe

My phone rings, I yawn, stretch and Check the caller ID To my delight, it's Dana from work Hair of the blackest night Lips of the deepest crimson, Just like wet blood

I answer with a cheerful hello
"Wanna see a movie?" she asks in
a
Silky tone
An activity that changes me forever
I take charge like napoleon,
It becomes my waterloo
With the movie my choice,
I drive my rusty blue Chevy,
That rattles and bellows
Black smoke from the exhaust
I see her standing there,
Hair pulled behind delicate ears
Her face reflecting the soft
moonlight
A smile brighter than the stars

The drive is smooth, like a polished Stone

I ask for two tickets to, the Dark Knight If only I turned back,



Nate A. Lindell

Used a different strategy Waterloo, tied around me Like a hangman's noose

I pull out my snakeskin wallet Pay for two cokes, Two greasy popcorn And a box of skittles I choose our seats The movie begins The terror descends

Shots ring, Shrill screams all around me I turn around and See him there, Like a black knight

Coming to steal the light I go to push Dana down But the bullet is faster Time slows, blood flows

I hold her right
There in the aisle
Chaos all around
But all I see
Is the light
Leave her soft blue eyes
The darkest night,
Of my life

I lost more than
The battle of Waterloo
Haunted by screams in my head
My phone rings
I just wait for,
The ringing to stop

#### Love

### The Girl from South Spokane By Jevon Jackson

She only loves me when she's lonely. The girl from south Spokane. When the echoes of her house are empty She climbs into my prison With bubblegum pink polish on her Berry blossoms for lips smacked together Like the inside of a warm, sweet, cherry pie. And the smoothest length of legs Living eyes will ever see in eighty degree heat, "I want to get your name, right here--" she said, Two fingers pressed against the hillsides of her bosom Three weeks after the disaster with boyfriend number three;

She only loves me when she's lonely, When pain has elected to use all its weapons against her heart, her mind, her glow,
She writes me six-pages deep
About how boyfriend number four is a great big snore,
And I listen to awaken the Light inside her, shine,
Even after she disappears for stretches of time
Unaccounted for, by Faith and Reason;

She only loves me when she's lonely,
When her husband number one succumbs to lust that unwinds
The soft, silky ribbons of her soul,
She asks me, with a tone full of towering sorrows,
"When are you coming home?"
I carefully collect her every tattered ribbon from the dark
And, gentle, revive them all into wide bright bows,
"In a hundred years," I answer, "I'll be there
In a hundred years, my dear."

Slowly, she survives
Beyond boyfriend number five,
She is blessed to find another
To sow her fields, grow Happiness,
And in this distance, we are distant,
(same ol' song, jazzy blues)

She only loves me when she's lonely Yet, I Practice for her love at every chord, Every beat

### Real Love By Jeremy Geniuk

Every day I wonder
And I plead with the one above,
To allow me one more chance,
With the one I dearly love.
Your smile is like a rainbow;
It's filled with warmth and glee;
That laugh of you makes me
wonder,

If I won the lottery!
I never will forget that day
When I first saw your face,
My heart stopped, skipped a beat,
And then began to race!
I'd never known true happiness
Before I was with you.
Without you here, by my side,
I'm not sure what to do!
This time apart has been,
Just like an evil witches spell.
I've been depressed, angry, and
sad;

I've hurt and hurt like hell.

No matter what the future brings,
I hope it includes you a LOT!!!

Not having you in my life is
comparable,

To a story without a plot!
I hope one day to show you,
Just how much you mean to me;
To give you more love and
happiness,

Than you thought you'd ever see! As I end this poem, I wish for you to know.

My heart is yours, if you'll allow, And together, we will grow! Hard times will come and it won't be easy:

I won't even try to life; Just know with certainty you're in my heart.

And for you, I'd gladly die! Until the time comes about, When fate will seal the deal, Know, without a single doubt, My love for you is real!



Edward Rodriguez

#### <u>Diamonds, Horses, And Grass</u> Bob. H. Cook

If you find yourself losing the joy in

your life
And your blessing is more like a
curse
And you wonder what's wrong with
that sweet little girl
That you've taken for better or
worse.

You look at her now and hear yourself say, "All she does is gripe and complain."
But maybe if you took a look at yourself,
You would find what exactly has changed.

Now, you didn't used to call on that girl

With chicken hanging out of your teeth.

Your pants undone and your hair not combed

With whiskers you've had for a week.

You'd take three baths and put on cologne,

Shine your shoes and wax your car.

Then, you'd stand at a mirror and work on your hair

Till you looked like a Hollywood star.

You'd take three baths and put on cologne.

Shine your shoes and wax your car.

Then, you'd stand at a mirror and work on your hair

Till you looked like a Hollywood star.

You'd buy her candy and flowers and gifts

And ask her what she'd like to do. Now, you drop in a chair and turn on the game While she brings your supper to you.

You'd brag on her cooking'; you'd brag on her looks,
And she did the same in return.
Now, the only time you even notice at all
Is if she happens to let somethin' burn.

If the other man's grass is greener than yours,

It's because it's been tended and mowed.

A good horse'll die if she never gets fed.

She wasn't just meant to be rode.

So, bring her some candy; write her a poem.

Treat her like she's still your bride. And that old lump of coal you thought was burned out Might still be a diamond inside.

Ask God to help you to care for her needs.

And make her the queen of your world.

And when you fall for her...just like you did before,

You'll know why you married that girl.

### A Light in My Life By Matthew Morton

The darkness entices as I go insane

I try to fight the demons in vain The strength of an army, inside my mind

The control to use it, I never could find

A rush in my blood, a feeling so pure

There's no way in hell I'd ask for a cure

A battle I never wanted to choose More often than not, I purposely lose

To give in to darkness as it purrs my name

Other's opinions won't put me to shame

And no worry or care for anything at all

Normally I'm weak but, with it I'm tall

I see a light in the distance, my power's deflating It wants to help me? That sounds so degrading I don't need your help, I'm perfectly fine

Content drowning in my river of brine

I realize, I made it myself; from tears

And tugging me below are the depths of my fears

Never before would I shout out a plea

Loneliness was perfectly fine for me

Then one day you appeared in the night

Now I see why people come to the light

A radiant flash and the darkness was flayed

You came to me and vanquished the shade

I never knew that before, I was certainly lost
Now to stay from that course, I'd pay any cost
To have your my light in my

To have you, my light, in my presence abide

Forever, my angel will stand at my side

I'd give you my heart with my bare hands

And to darkness I'd never give its demands

Think of it a check you may never cash

A possible ride I would never let crash

A course in this life that could come to be

If you so choose, when finally I'm free

I promise you babe, I'm up to the task

My biggest fear is that never I ask And that I could've had you, forever in life

As my daydreams tease me, my beautiful wife

#### My Photograph By Don Hughes

I have a photograph And its image is of you. No one may duplicate. My picture-perfect view.

My camera is a special one, Though many are the same. Mine only pictures you, In every snapshot frame.

Each shot of you I take
The negative turns our fine.
The film roll's never ending,
I rewind it all the time.

My photo lasts forever A

---- maybe

### Love Is Like A Perfect Rose By Julia Tomlinson

Love is like a perfect rose Whose gentle scent beguiles the nose, Whose petals open graceful and

whose petals open graceful and prim

Revealing wonders buried within But underneath this Beauty rare Lurk thorns to pierce deep those who dare

Approach too close and grasp too tight

Seeking to take this Beauty with Might.

But take away the piercing thorn And once again behold the form Of Beauty rare and Joy to share With tender loving care.

For love is like the perfect rose That languishes in sweet repose Returning your care again and again

Or giving back pain for pain

# A Basic Fundamental of Love By Bob H. Cook (For Mary)

The teardrops in her eyes
Should come as no surprise
When you tell her just how much
she means to you.
For ladies seldom hide
The way they feel inside
It's something they were just not
made to do.
Each simple, little token
Or word that's sweetly spoken
Will cause her heart to flutter like a
dove.

And if you get sentimental,

It's not coincidental It's a basic fundamental of love.

A starry night in June
And a big, old yellow moon
Are Little things that money cannot
buy.
And on a night like this

If you should steal a kiss
Don't be surprised if she should
start to cry.

For hearts will find a way
That words could never say

To let her know the things you're dreaming of.

And things so sweet and gentle

Will seem so transcendental

It's a basic fundamental of love.

(Bridge)

A heart is not a heart until it's broken

A man is incomplete without a wide.

Never let your feelings go unspoken.

For these will be the best days of your life.

Here's hoping that today Will never go away And love will last until the end of time.

But if today should end And never come again It's memory will never leave your mind.

And though you drift apart That one who owns your heart Will always be the one you're thinking of.

> What seems so incidental Can be so monumental It's a basic fundamental of

love.



Edward Rodriguez

### Blank Canvass By Michael L. Thomas

The chips are down, the lights are dim
Does my heart stop beating? Is this the end?
The future is wide open, its canvass is blank,
How can I paint it with a mind so clouded
That I can no think.

The chips are down, even my patience are thin,
Do I roll the dice of the roulette

wheel I spin.

Time after time I ask myself again, If it is true love, we'd be together thru thick and thin.

So I paint this canvass beginning as if I'm blind,

Trying to create a lovely picture of memories

From that lethal weapon, my mind. Hoping and praying sugar coated canvass mountains.

And rose petaled stairs will take me to places

Heavenly, and you my Mona Lisa will always be there.

#### A Simple Fantasy

I can't wait for the day I'm finally free When in person your face at last I'll see And we can walk beneath the stars in the sky Even dance together in the full moon light

Until the time these wishes come true Dreams, pictures, and

letters will have to do
As will fantasies in which we're
laughing out loud
Watching a movie while plopped
down on the couch

I use my imagination to pass the day

And climb with you aboard a train I hold you close as we pass the hours

Watching scenery of cities and fields of sunflowers

We often have conversations that are deep

Or sometimes choose to watch and not speak

These visions always have a feeling of home

When we're just holding each other and aren't so alone

With a blinding flash and audible pop

Reality brings fantasy to a sudden pop

But someday from prison I'll be way Gone

Then I'll help build a snowman on your lawn

#### I See You

Like the sun

#### By Edward Cotton

vou are Shine so bright, you do Like the wind. your blow Full of exhilaration, you are Look into my heart, vou can Speak beautiful words, you should Make me smile, you can Keep laughing, you should Make me think, always Think about you. constantly Miss you so much, seriously Seems like a year. everyday Seeing you mature, memories Each poem you write, touchina Such beautiful words, unbelievable Trapped in this life vou

> Your smile Your thoughts Your laughter I see you I really do

#### **Ocean Shores and Boulevards** By Matthew Morton

Taking a stroll, gulls screech up

Pay meter tolls as time passes by Clock always ticks, by no means aware

Sand beneath toes, weather's quite

Traffic lights passed, in shoes we tread

Water on shore, bare feet instead Seldom, fish jump, infrequent splash

A few blocks away, screaming cars crash

Your hand rests in mine, our sandals behind

Crosswalks we march, our fingers entwined

Shrilly we speak over the noise of the crowd

But we whisper with waves, no need to be loud

Through many different places we'll traverse

Some may be tolerable, with others

With your hand in mine, you by my side

And between ourselves we could always confide

On the quietest beaches, or busiest streets

Oh, the things we'll accomplish, improbable feats

All doubt is defeated, all worries are banned

By the might your grant me by holding my hand

The beauty will stay, even after hard pains

Like ugly graffiti on straight boulevard lanes

For all of your love I'll give unending devotion

Like the promise of waves that come from the ocean

#### Burns By J. David Brackett

Only by the beating of my heart do I know that I'm alive.

On the other side of the looking glass is a world I long to feel. Down the river of Teardrops how I close my eyes so not to see.

If she were to awake and find me there, who would my lady see? Would flowers bloom, would songbirds sing, would the world come suddenly back alive? Or has distance, time and darkness numbed that love we used to feel?

Can a flame forget, where deeply burns, its birth by embers' feel? Unlike a fire's relentless scourge, quickly we lose sight of what we do not see.

And only by the flames' reflection do I know that I'm alive.

It burns to see, it burns to feel, it burns to be alive.

#### **Distractions** By Benjamin Harrison

To begin most days in prison I'd iust actually decide. To minimize all of my socialization. But there's no field guide, for dealing with a blindside Insult which may result in altercation.

Opportunists exploiting oneupmanship; braggarts on an ego Proceed endlessly with exaggerations. There's an intended guilt trip, by some bitches who gossip; An attempt at character assassination.

Con artists with bad breath, that could cause an early death Have an agenda of misrepresentation For them it's life or death, to smoke crack or maybe meth. And they'll only settle for intoxication.

They believe they're shrewd, but their game is too crude. And this fact needs little vocalization. I'm not always in the mood, to deal

So I just cope by taking medication.

with childish attitudes,

Welcome to the machine. You'll spend some money on canteen, And this amplifies my aggravation. I don't make it my routine, to eat all the prison cuisine.

This may be risking hospitalization.

Here I must confess: I sometimes mentally undress

This actress on the television station I'm not one to obsess, but there's an element of stress;
My release nears and there's anticipation

Many years I've spent, throughout this long imprisonment
As the target of an investigation.
The charges they can invent; For them I have no comment;
These are all just false accusations.

It's unhealthy to depend, on mail from family and friends,
Yet this has caused me much frustration
I'll find a new girlfriend and the relationships I can mend;
I've stuck this out through its duration

Much older I've now grown, in a world of brick and stone
And I've now come to a realization
My actions cannot be condoned,
but the fault is not mine alone.
Mine was an unjust vilification

### Corruption and Tears By Zion L. Thomas

For every man that dies A son shall rise For every truth be told It'll be met with lies For each woman AIDS touches A generation shall cry For every politician who smiles It's just a disguise For every drug indulged You'll be lost on a high For every appeal put forth A judge will denv Sometimes I wonder Why even try Tears flow from my eyes Till my soul goes dry Wondering if I... Wondering when I

Will be free from life's burdens And enter the sky

#### "I Imagine: By Scott Solovic

I imagine a world where war is not an

Option. I imagine a world where racism and sexism no longer exist. I imagine a world where politicians serve the well of the people. I imagine a world where democracy is the only form of government. I imagine a world where it's okay to have nuclear energy without nuclear weapons. I imagine a world where freedom and liberty are not just ideals but a way of life...

I imagine a world where knowledge and higher education are the inheritance of all people. I imagine a world where who I choose to be with is none of your business. I imagine a world where religion is practiced more and preached less. I imagine a world where children can grow up without fear of judgement because they're different. I imagine a world where we no longer allow juveniles to grow old and die in prison...

I imagine a world without poverty, violence, drug addiction, child abuse, prostitution, 3rd class citizenship, borders, prisons, oppression, and hypocrisy. A world where the institution of marriage is the property of all human beings, a world where what I am doesn't define who I am...

Question: Can you imagine what "I imagine"?

### Emotion By Nathan J Boles

complacency Keeps me entertained most days On others it drives me closer to the edge of insanity Those budding flowers of hate, anger, and jealousy... Love, compassion, and mercy sprout from my branches Some bloom, some I pluck before their poison devastates my roots Some I choose to feed: others I starve Some I barely recognize "Oh shit, did that really come out of me?" Looking from the outside in Is sometimes terrifying Emotions can be all-consuming They can also be the lifeboat that

Emotional waves to wash away my

They can also be the lifeboat that saves us

Keeping our souls from drowning amongst oceans of uncertainty

Hopefully love throws me a lifesaver

#### Poetry for blogs

#### <u>Prey</u> By MarQui Clardy, Sr.

It's crazy the things we perceive as important ... chasing a dollar, we lose a fortune Follow the American Dream is what we're taught, then We set out on our paths, but we take different courses ...some lead to misery Others lead to wealth and prosperity The poor man sell his soul for a dollar While the rich complain, "More money, more problems" Insensitive culprits... The tongue weighs nothing, yet so few people can hold it You're never satisfied until you

can only see that blessing in the past, in your rearview Case in point, I'm waiting to break in hip-hop 'spent the last couple years casing the joint Got a perfect strategy to go and make some noise But this barbed-wire fence separates my voice I'm like the tree that fell in the forest, nobody's near me What good are these words if nobody can hear me? ...I refuse to honor that fate Forget "gate break," I need to break out of this gate! Shhh... that's between us What I call planning my future, they consider plotting an escape Can't afford to cop another case Failure's at my doorstep, I will not become your... prey.

#### **Prison Poems**



Steve Feagan

### Not A Dream By CL Nobles

Modern Day slavery, there is no more reform.

I thought this system was built to rehabilitate
A man, but yet, they plague him, degrade him,
Strike him down by they right hand.
Then it

Became a custom and furthermore customary. Man!

They playing the game so unsanitary.

Discrimination of colors,
discrimination of wealth
A lot of great minds died to put that
bit on the shelf,
Then they asked, where do I
stand? I aid
the discrepancy, punch lines of
words, literal weaponry

Razor wire, fences, cages, this is insane! They
Might as well bring back the ball and chain

Listen, this isn't to be taken lightly, so for a second Disregard my humor, they never meant for us to be Free, its written in the constitution, this aint no rumor.

Working me without pay, and they barely feed me.
All parts of the ploy, in attempts to defeat me.
Feeling like they want me to perish, they supply
No sustenance.

Courts give men life plus 30, that's to death, and
Than some, what I'm gone die and come back
Finish the sum?

Yeah! That nefarious by all means, Reality! Not A horrific dream.

# A Response To "An Inmate's <u>Lament"</u> By Jonathan E. Cantero

Are you surrendered to what you deem inevitable?
Are the dreams of even the prison-man unachievable?
Is the living of this steel-barred Life undeemable?

Then, why do you toil at the word and chisel out your art?
Why do you present to the world The work of a hopeless heart?
Why raise a voice yet choose to Remain apart?
Why mourn what life's become?
If it's over, why start?

Yes, this life sucks in every way Imaginable.
And yes, I'd much rather be With my loved ones, undeniable.
But it is what it is because I Screwed up, unchangeable.
So, I must find away to live amongst the horde's dishonorable.

Am I disillusioned, a hypocrite,
Or blind?
Am I searching for a treasure
That I will never find?
Am I panning through a sea
Filled with "pay no never-mind"?
Must my daily life be an ever-grind?

My soul cannot be tarnished by the Much that all-surrounds.
I am not the product of the walls That have me bound.
I can prosper despite the echoes of Despair that do resound.

My hope is not diminished for I Was lost but now I'm found.

The ink in my poems is tinged with Blood, sweat, and tears.
This is how I deal with demons,
And how I face my fears.
I write of live, success, and change
As a wave of darkness nears.
I will not be calloused by the
Specter of forsaken years.

While we must call for change Whenever injustice has arisen. Our lives are not defined by the Injustice we live in.

So, until we are ascended and take our rightful seat in heaven, We must choose to hold to what is right and never give in.

#### An Inmate's Lament By Gary K. Farlow

Life in prison is terrible
The noise level can be unbearable
Our sentences seem unendable
But what we eat is indigestible

Programmers feel we're incorrigible And look at us like we're horrible The public says we're unlovable But as taxpayers, they're being gullible

The health care is deplorable
Our grievances treated as
ignorable
The parole board says we're
unreformable
And never will be "normal-able"

The shrink think we're unreachable While attitudes are impeachable The rec equipment is unusable And staff think we're abusable

Policies are unbelievable

While change is inconceivable Shakedowns are uncontrollable Our pain is inconsolable

This mess is unforgivable Let's face it, life in prison is unlivable!

### Cell V Heart By Damion Jackson

This concrete cell
This hell that is holding me
This bedlam within
It twists me
Its molded me
Through, my heart still pounds

My conscience, its scolded me Its dusted me off It lifts me Emboldens me

I get stuck between Lands of stagnation

Lost between worlds of delusion

Imagination
Cold slaps of reality
Drag me
back to my station
I live to lie dying
In eternal
damnation
In this concrete room

This place that has shaped me It adds and deletes It morphs me Pervades me

My chest still throbs

The spirit it fills me It coerces the pain It sustains me It stills me

Purgatory wraps around me Like snakes

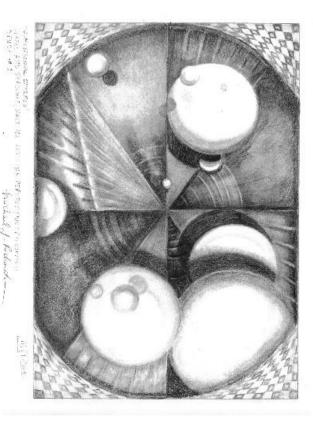
I sift through the scum Vermin and fakes Over and over I've felt My heart break Wondering how many Years it'll take To transcend this concrete box

This cube of pure darkness Where monsters are born The cold The heartless

I swear my soul is a gift

My life is forfeit, but my will, it persists
To battle this lifeless thing Its pulseless
A beast

There's no way to win Against the cell' Cause it cheats



Michael Richardson

#### JAILBIRD By WWW

A sparrow flew in this barn they call a prison dorm;
He got locked in this

human pen.

Now he's a prisoner too and I haven't a clue

How to get him back out to his kin.

When he first came he must'a thought it a game.

He's sit on the window and peep,

While outside the glass, friends and family would pass,

And they'd visit with many a tweet.

But, they don't come anymore, and he can't find the door;

Family and friends have flown.

He flew the wrong way just one fateful day;

Life as he knew it is gone.

At first, he'd sing ever' mornin', celebratin' the dawnin';

life.

His song brought joy to my

But some other hard men purely hated the din.

And this caused dissension and strife.

Some bullies in here have made it real clear

They want the lonely bird dead.

But, damn! What they say, each passing day

I smuggle my buddy some bread.

It's been over a year that bird's been here.

Circling in wary flight. The tough guys throw stones to break his small bones;

I've barely avoided a flight.

Through quiet, lonely night I see him in flight

Forty feet up by the beams As I lay on my back on this hard metal rack.

He soars, but sadly, it seems.

Under the constant lights, searching, circling flight.

Driven by hope to survive, He yearns to escape from the fear and the hate,

Through hope he continues to strive.

I pray that one day we'll all find a way

Back to the sun and the sky.

I'll continue to feed him as others seek to bleed him,

... I'll never understand why.

# A Conversation for the Prison Nation By William Chandler ByersAugusta

I'm disgusted!
By a system that sucks,
Whose concern is big bucks
And is so damn corrupt!

I'm disgusted!
That men are locked away,
While they hope and they pray,
That their families are okay!

I'm disgusted!
That when I look around,
The ones bringing us down,
All us BROTHERS in brown,
Are ourselves...

We poke and we prod,
We joke and we nod.
Bringing hate to situations,
Instead of rehabilitation.

We judge and point fingers saying "He's worse than me!"

An we stab each other up over nationality.

We have race wars and change wars,

City wars and gang wars, Wars about clothes, money, and music.

Wars about religion, sexuality, and politics.

But my BROTHERS, I ask you... Why are we fighting each other?

We are ONE common people,
With ONE common goal:
To get back to our Families, our
Lives, and our souls!
But how can any of us succeed in
life
When all we do is judge each other
and fight?

Instead of working in Combination
To correct our Situation
Through Hard work and
Rehabilitation,
Perseverance and Determination,
And uplifting Communication.
We continue supporting a nation
Who're enjoying nice family
vacations
While we sit and rot in
condemnation
And condemn our BOTHERS and
OURSELVES even more...

It has to END... Are YOU Willing to be the Change?

### What Prisoners Are Made Of By J.E. Mahaffey

Each refer to themselves as mentestosterone,

penis, muscle, hair - what "defines" physicality; Each are grown, fully formed, except for the few Brought in as boys (convicted children) held here Against moral. Each are menhands, feet, minds

unmolded- putty for the system

Each prisoner is not made the same. Each are

Jaded, yet erect; lost, yet, fated.

Each are fright and fear, regret, and shame.

A montage of human emotions
Gone extreme, at the least opportune moments.

The aftermath of hypocritical fingers
On societal keys, and you may find them

A bit embittered- as to be expected. Each broken down by the

Each broken down by the molecular

Constituents, corresponding to the sub=par food They are forced to ingest. That less of a dog.

Animal. You may find each full of hate and Blame- but, that is in due accord-treat others

As you would never treat you. The special.

A god/goddess image, pedestalled above the

Lowly prisoner: left to find out the true makings
Of his cellulite guarded world,

Fully formed against all better.

#### I Am The Prison

I am society's collector of debts, and my purse is the bottomless pit of time spent storing the payment of days totaling the months and years. I am the abode of hope become hopelessness, Of a routine so deadly that the mere act of Living becomes weary -- a numbing task

I hold within me, men who cling to life
When hope is futile, men who walk my stone-walled
Corridors in silent resignation-- in Passive waiting.

I hold men who have been long forgotten
By the world, callously indifferent; when
They face no future but that of a grave
Starkly numbered in a barren cemetery.

I hold within me the flawed unfeeling Malformed works of an imperfect civilization, Men who not long ago knew the peace And freedom of a warm summer day The keenly biting freshness of a cold

Winters nigh, and the welcoming laugh

Of a child, men, who now only know

Utter desolation of a life unfinished.

Yes, I am the prison and never can my Viciousness be truly portrayed, to know it

It must be felt, it must be endured.

I am the faces in the visiting room Their every word and action reflecting the harsh brooding watchfulness of secreted eyes.



I am the tautly stretched face of the man In prison uniform remembering the ghost

I am the gut searching anguish that destroys
Those who wait daily for the visit that never
Comes, the letter that never arrives.

Always, I am cold and harsh, for I am the Intolerant conscience of society, at times
I am vibrant with contempt for those lost,
When the groping mass grows within me by the day.

Yes, Yes, I am the prison, where in the Smothering confines of my steel barred cage That crushes those within, with the weight Of my inhuman reality, where the endless

emptiness of the night and eternal loneliness

Of the day destroys those who fall

Of the day destroys those who fall victim

To society's inconscious judgement.

Repeat Repeat Repeat My message endlessly I am the prison

David Corpie

#### **Religion Poems**

#### <u>Lose</u> By Marcello Gibbs

Losing yourself to senseless acts Knowing all alone the Satan will attack

Doing drugs to free your mind Losing focus on the big picture Because you're going blind Thinking you can take the pain away

But it still exists in your thoughts
Willing to lose at all cost
Went from a believer to a deceiver
And from winning to sinning
You suppose to have the heart of a
chamo

Believing is achieving
You've been spiked to believe
In what Satan's offering
Not realizing it's only for a moment
God is for eternity
If you want to win, I suggest
You choose the right side

### The Carousel By Bob H. Cook

'Round and 'round and 'round she goes,

And where she stops, nobody knows.

The joyful sound of childhood bliss Enhances moments such as this. They ride the wind like Robin Hood Upon a stallion made of wood

The handsome steed strides up and down
And rides the children 'round and 'round.
And my, but how they swiftly pass

Like sands of time inside a glass!

Then I think, "What will the future hold
When time and fate and life unfold?"
Will faith and hope give away to fears?
Will childhood laughter turn to tears?

Will they find God's redeeming grace
And meet their Savior, face to face?

Or will they ride the road to hell Upon the devil's carousel?

I pray that life will not suppress

That sense of wonder they possess,

Nor bow their head in sad despair,

A timid fawn in Satan's snare.

Lord, help them
not to fall or stray
From off that
straight and narrow way.
But heaven knows
and time will tell
How fate will turn
the carousel.

'Round and 'round and 'round she goes,
And where she stops. God only

And where she stops, God only knows.

# For What You Have Traded Your Birthright By Bob. H. Cook

Only a small mess of pottage,

Only a morsel of bread, And Esau traded his birthright That his flesh and his hunger be fed.

But before you should judge him too harshly
And his failure to show self control,
For what have you traded your birthright?

What is the price of your soul?

Is your time better spent making money
Than on children or husband or wife?
Do you struggle in earning a living

Do you struggle in earning a living While you're gradually losing your life?

In your desperate quest to be happy, Are you anywhere close to your goal? For what have you traded your birthright? What is the price of your soul?

Perhaps it's a pill or a needle Or a bottle of bourbon or wine. How many times have you promised That you're gonna do better next time? Has some little sexual pleasure

Destroyed you and taken control?

Has Lucifer stolen your birthright?

Does he hold the deed to your soul?

Sin comes like a beautiful stranger With laughter and money and fun Till it robs you of everything sacred And send you to hell when it's done.

But God, in his infinite mercy

Has suffered that you might be whole.

Jesus, my friend, is your birthright.

His blood paid the price of your soul.

#### God Put On A Show By Bob H. Cook

I sought the Lord in early spring When flowers bloom and robins sing.

I saw His hand in everything
That happens here below,
And God put on a show.
I sought the Lord one summer's
day,

I watched the squirrels and rabbits play,

The world was such a bright array;
The sky was all aglow,
And God put on a show.
I sought the Lord when autumn
came,

The leaves were like a fiery flame.
I heard the mountains call my name
To where I longed to go,
And God put on a show.
When winter rested on my brow,

The leaves were gone from off the bough.

I heard a wild coyote howl

Across the driven snow, And god put on a show. Across this land of fire and ice, I'd gladly take my journey twice, For all the world's a paradise

That I've been blessed to know

And God put on a show!

### Five Little Puppies By Bob H. Cook

(first chorus)

Five little puppies in the window,

Playing and wagging their tails.

There were six altogether, but one lagged behind,

Only five little puppies for. (recitation)

A little boy walked up to the counter And laid down two dollars in dimes He asked, "Can I please see the puppies you have?

I'd like to make one of them mine."

Then he noticed the price in the window

Was thirty-seven, fifty apiece. Then he saw the little puppy that had been cast aside And said, "Mister, can I see that one, please?"

But the man said, "No son, you're mistaken;

I wish I could grant your request. But you see, that puppy's crippled, and he can never run or play. No, he'll never be as good as the rest."

The little boy said, "Take my two dollars.

And I'll pay you fifty cents every week:

The man replied, "If you want him, you can have him for free," As the child wiped a tear from his cheek.

He said, "Mister, please take my money.

You just can't give this puppy away, He's worth every dime that you're asking', and more,

And I'll be more than happy to pay.

The man said, "Can't you see that he's crippled,

And he'll never run and play like he should."

He was standing on a leg made of wood.

He said, "You see, Sir, I'm not too good at runnin' either.

Why, something it's all that I can do to stand.

I think I know just how that puppy might be feelin' right now; He just needs to have a friend to understand."

(second chorus)

Five little puppies in the window,

Playing and wagging their tails.

But the sixth one is gone; he found him a home,

And there's five little puppies for sale.

(tag)

Though worthless as could be, Jesus paid full price for me,

And like a puppy, I'm no longer for sale.

### THE ROOM I TRIED TO HIDEBY Bob H. Cook

Once Jesus came to visit me, And I gladly let Him in. I walked Him through the living room

And on into the den.

The floors were waxed and shined like glass,
Not a speck of dust in view.
But He didn't notice them at all:

He just seemed to walk right through.

The kitchen smelled of lavender; Not a dish was out of place. And a picture hand on yonder wall Of an old man saying grace.

I asked Him if He'd like to sit

While I put on some tea. "Maybe later," He replied, "Maybe there's still a lot to

see."

Then, He stepped back through the living room

And on into the hall.

I pointed out the bible scenes In the painting on the wall.

But he just passed the opened rooms

And never looked inside, Till He came upon the

darkened door

Of the room I tried to hide. "Oh no," I cried, "Don't go in there! It isn't fit to see."

But He paid no attention to my words

And asked me for the key.

I fumbled through each key

I had

Till the door swung open wide.

And I hung my head as Jesus viewed

The room I tried to hide.

everywhere

There were dirty pictures Of

women and of men.
A thousand books of fantasy
Held a life of hidden sin.

Cans of beer and dirty

jokes,

My greed, my hate, my pride,

The part of me that no one could see

In the room I tried to hide. Then, Jesus reached and took my hand

Like a faithful friend might do, And He said, "My grace goes deep enough

To clean this room up too."

So side by side, We scrubbed the floor,

The ceiling, and the wall. We took the books and

pictures down

And burned them one and

all.

Now, my old room of sin and shame

Is cleaner than the rest.
And this old house that Satan cursed

Is a house that God has blessed.

And I no longer live alone, A slave to lust and pride. For Christ, alone, sits on

the throne

Of the room I tried to hide.

### The Family By Chris Williams

As a young couple spoke
Of their new adopted son.
As they talked of things they'd do
In all the days to come.

I could feel all their joy
Throug hthe expressions on their
face
And I thought of all the ups and
downs
That'd soon be taking place

I listened to their laughter,

heard their excitement in their voice.

I knew deep inside This all started with a choice.

Everyday we all make choices And with each one there's a price. In everything we do or say, There's always a sacrifice.

This reminds me of my father
The greatest man to ever live.
It makes me think of the sacrifices
That he too had to give.

See, my Father also made a choice, A long long time ago.

But, then he made a showing, Of how far his love will go.

Back then my owner was evil, He brought physical and mental pain.

He swore no one would ever want me

And told me he was only gain.

I used to sit and think of Different ways to try to escape. But, everything I tried failed, So I accepted that as fate.

Every night I'd bow my head I'd pray the lord my soul to keep. Then I'd curl up on the floor And cry myself to sleep.

So, I never will forget The day my Father came. He said, "I choose him," Then he called me by my name.

The owner said, "now wait, I'm not sure I'll let him go But, if you "Really" want him. The price will not be low. My father said, "I LOVE HIM"

I know I want that one. The owner said, "Okay" The cost, your only son.

But, before you make your choice, Let me tell you what I'm gonna do. Let me explain the pain and suffering, Your only son will go through

He'll be beat and abused, He'll be tormented with hell. He'll be spit on and flogged And to a Cross he'll be nailed.

#### **Social Injustice**

#### **No Power For The People**

Bumbling Marionette, walking stiff-legged,

Possessing spine of gelatinous substance,

Appendages manipulated by unseen hand,

Pulled by pellucid filament- truly just a strand-

Dance this way, now dance that way,

Raise your hand, now kick up your leg,

Turn that way, now take a bowgood show (Applause) - - but only briefly... Seek not selfish ways, dummy-Do as I say, not as you want-That is the order of the day.

Let us be your guide- We'll show vou how-What to say, how to say it. You began as nobody, none, nothing Ending the same, yet Stellified by others during the interim. Mr. Nobody, Mr. Noone, Mr. Nothing, President. Nobody one

thing...
Though you'd

never know, would you?

To you, through you, the world turns,

Seasons change and the sun rises and sets.

Propagandize the flaccid masses, As ever one must, in order To retain your iron-fisted grip, Tightly pinching, squeezing, choking

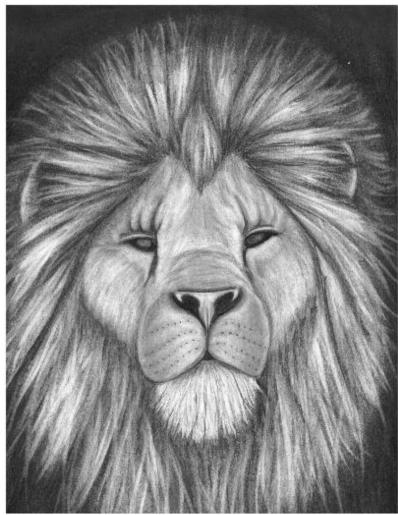
Until ejecta is seen- compliance or coin.

Predecessor caught in flagrante delicto, Yet praised as God with southern twang,

And good-ole-boy charm... Proficient in gaucherie and jingoistic vocalizations,

Yet, safly, inefficientm to a point.

Mundane appearancem so dark in heart.



POWER IN PROPORTION TO PROPITIATION Bereft of reason, in delirium, Predestined for ultimate failure. Starving the people (Oh, but they *Antonio Andres Garcia* 

do, can't you see? -

No? No! Of course you don't, and people, what is your name? John Q. Stockholm?)
Your sympathies and attachment expedite your demise-Oh, but Zeno would be so proud! Apathetic, incapacitated, complacent, yet sadly...
Comfortable in your preoccupation.

So dummy made of wood and draped with cloth Is embodied, empowered, even worshipped.
Power to the people?
Ho! - But such antiquated notions!!!

### When You Prick My Finger By Timothy Lattimore

When you prick my finger Do you truly see The blood "I" bleed, Not of my own But of humanity?

When you prick my finger, Do you hear the screams Of the elders, the youths, Of their hopes and dreams, Of the blood "I" bleed, Not of my own But of you and me?

When you prick my finger,
The poetry unrhymes
And the songs are sung off key,
For the split blood
Is in mourning,
Not for itself-But for you-- and me.

Of the blood "I" bleed, Though its voice commanding, We fail to listen To the wisdom, The wisdom of the bloodline;

We fail to listen
To the blood "I" bleed
Of Harriet Tubman,
John Brown, and
Rev. Martin Luther King, Jr. -The blood of strength, courage;

We fail to listen To the blood "I" bleed Of Amadou Diallo, Kimani Grey, and Trayvon Martin --The blood of potential, possibility;

We fail to listen to the blood "I" bleed
Of the Holocaust victims,
The Wounded Knee massacred,
and
The "Pulse" 49 shooting deaths -The blood of solidarity, diversity;

We fail to listen to the blood "I" bleed
Of slavery, wars,
Genocides, terrorism,
And other atrocities -The blood spilt
By callousness, entitlement,
And oppression;

We fail to listen
To the blood "I" bleed
Of bullying, suicides
Rivalries, and jealousies -The blood spilt
By fear, suffering,
Ostracism, and indifference.

When you prick my finger,
Experience and pain manifest,
Civilizations and cultures resurrect,
And bloodlines cry out
From the centuries of lives gone
by...
The lives of slaves,
Activists, educators,
And the collaterally damaged -And the Generations in the
balance.

From a trickle to a gush, The blood flows, Hues of A's, B's, AB's and O's In a primal coexistence Struggling for oxygen.

Tempted to lick thw ound, I must refrain, I must instead extend my finger For all to see, Educate as I bleed Not of my own But of theirs, mine... And yours.

With finger aglow, heart in tow,
Eyes wide sight
I pray for the emergence
Of the Danaus Plexipus Butterflies,
To heal the wound,
To flap their delicate wings
And reverse time
To a new beginning,
One with a better understanding
Of e pluribus Unum 00
Latin for "one out of many."
Translation: I, you -- us;

From Creation's beginning
To that created by man,
"I" have never been alone,
I, we are the world turners,
The brothers' keepers of ourselves-

And, sadly, quite sadly, The blood "I" bleed Is only acknowledged, only revered

When you prick my finger.

### Mouthful By Orlando Mandela

Rise and shine and give god... your wages We're in the Triple Stages, of Darkness... trapped in cages! Missing pages, the Holy scriptures have been raided Master Masons, they use the Word for your enslavement. My Righteous Nation, has been tricked, stolen, and traded Harsh abuse, till they died, broken and degraded. You sing that Freedom song, all day long, yeah we shall overcome! But overrun, water hosed down, now where's your sight sun?

We're feeling restless, whose got the answers to our questions? Where's my protector, when these devils come to oppress us? They seek to best us, they're bringing guns and I'm defenseless My God forgive me, blaspheme His Name in times of killing! What's this feeling? They kill our brothers by the millions. Raid our village, burned my home on Thanksgiving. These crimes are senseless! What can I do- I'm not a preacher Soldier neither, occupation! Poor Righteous Teacher...

#### **Special Occasion Poems**

### A Time Afore Christmas By Michael Griffis

T'was a time afore Christmas and all through the world great violence inflicted and insults were hurled not all abroad, there was trouble at home one man's demise is the Griff's Christmas poem

It wasn't just violence but fear and disease knot heads and morons that do as they please third world leaders and dictators too with hands on the button but nay not a clue

The markets of finance and stock took a dive where once more than twenty now eight less than five the rich got richer, the poor remained strapped goodwill to making was once again lapped

This country had problems, we're not quite on course

so many killed by our own police force age mattered not nor did nature of crime even our children shot down in their prime

Gangs running rampant, mobs, hordes and throngs that seemingly know not their rights from their wrongs there seemed no safe haven, no part in a storm the killing in churches was way past bad form

We murdered our own, where we seem to excel beat' em and break' em then swear that they fell it wasn't just children but mothers and dads contracts were purchased on Craigslist type ads

Europe's been crushed by those refugees fleeing where no one can muster a plan pon agreeing they came from Tunisia and crossed troubled waters losing their parents, their sons and their daughters

The Middle East warring and hard keeping track who's fighting who and who's got who's back that airspace now filling with fighters and jets who's getting downed, I'm now taking bets

And ISIS kept busy with mayhem and violence for those who were murdered a moment of silence the French and the Russians, both sides of the pond my wish for this Christmas a magic type want

When what to my wondering eyes should appear
A new improved sickness that adds to my fear much like Ebola but eighty times worse
A vex to the world but boon to my verse

Disaster befell us both man made and not this year if counting was more than a lot volcanoes and earthquakes tsunamis and drought we might be surprised by we're never in doubt

This year was something, each day brought new gift frustration and anger and quite often miffed I can't see the future, the sun much too bright so with my best language, I bid thee goodnight!

### Black Friday By Bob H. Cook

'Twas the night of Thanksgiving And all through the house, I could hear ladies chatting, Making plans with my spouse. While the scent of roast turkey Still hung in the air, I was munching peach cobbler Kicked back in my chair.

And I couldn't help thinking
What my wife and her friends,
In about seven hours,
Had in store for us men.
They were scanning the papers,
Each coupon and ad,
As that morning was nearing
When all women go mad.

So I went to my bedroom, And I lay on my bed

As peace and tranquility
Danced in my head.
But in what seemed like minutes,
The clock started dinging,
And my wife hit the floor
Like a springy spring springing.

And before the old rooster
Could doodle his doo,
We were out of the driveway;
It was twenty past two.
And with not a hint
Of a sunny sun sunning,
I could hear my wife grumbling
How late we were running.

But I dared not to answer with grumbling or cheer,
For a wife can be ruthless
This day of the year.
The first stop was Walgreens
For a Barbie and Ken,
Some Alien war games,
And a monogrammed pen.

But before they would open At a quarter past three. There were two hundred women Looking angry at me. Then as the doors opened, I prepared for the worst, And we pressed through the doorway Like a dam that just burst.

There was kicking and gouging
And Folks having fits
Till it looked like a yard sale
When a hurricane hits.
Then we ran without checkbooks
And coupons and all.
It was mash-away, cash-away,
Dash for the mall

Through the snow and the ice
And the glaring of light
And the cars in the left lane
That need to turn right.
And the blue lights and toy-flights
And "clean up, aisle one,"
As we tore apart K-Mart,

Up came the sun.

Then we turned Toys R Us Into Toys R All Gone.
"There's a big truck at Big Lots"
And the battle was on.
There's a "Game Boy" at Wal-Mart;
There's a tool box at Sears.
There's always one somewhere,
But there's never one here.

Hurrying, scurrying,
Driving around,
Whatever happened
To shopping downtown?
The backseat is loaded,
And the trunk lid is flapping
With three-hundred presents
All ready for wrapping.

The snowflakes are falling, And I hear my wife saying, "Let's head for the house, Dear, It looks like it's laying." So, we empty the trunk And the floor and the seat, As the snow's getting harder And mixing with sleet.

Then, we both throw our coats down
And fix us a snack,
As we sort out the boxes
And put them in stacks,
I'm cold and I'm wet
And I'm hungry and tired,
And there's sixty-eight gifts
With assembly required.

"We'll wrap all the others
And hide, these away;
Then, we'll put them together,
A few everyday."
But both of us know
They'll remain out of sight
And never be touched
Until Christmas Eve night.

So, we hunt empty boxes My wife has been keeping, And I dare not to mention I'd rather be sleeping.
And the wrapping takes longer
Then what we intended,
But at last it's all over
And the nightmare has ended.

So, I pillow my head
Just glad to be living,
And I think of the Pilgrims
On that first Thanksgiving.
If they could have visioned
This Friday-turned-Black,
They'd have set sail for England
And never looked back.

#### A New Year's Lament Bob H. Cook

In five more minutes, tick tock, tick tock,

A New Year will come with the tick of the clock.

I've bathed and shaved and trimmed up my hair,
And I feel like I ought to be going somewhere.

There's frolic and laughter not too far away

Families gather to welcome the day,

Banded together like we used to be.

Each one needs someone, but no one needs me.
Just four little minutes, cuckoo, cuckoo,

And it's out with the old and in with the new.

It's a grand celebration for both young, and old, But there's no one to laugh with;

But there's no one to laugh with there's no one to hold.

There's no one to sing to, no one to cry,

No one to care if I live or die.

No one to need me or the little I've got

Or to care if my year will be happy or not.

Three dreadful minutes, ding dong, ding dong,

And all of the world will break out in song,

Forgetting the hunger, forgetting the need,

Forgetting the rich and their arrogant greed,

Forgetting the old folks, alone in their bed,

And the ones who are thinking they'd rather be dead,

And the one who was trusted as husband and Dad,

But carelessly squandered those blessings he had.

Just two minutes longer, click clack, click clack,

If only those hands on that clock could turn back.

If only our future could capture out past

And all of the things that we cherish could last!

#### **Veterans**

# I Will Never Leave A Fallen Comrade By Shon Pernice

I kept you alive, In the combat zone I'll help you survive, As we rest at home.

We've been on foreign soil, And weathered turmoil In far-away lands, Filled with desert sands, I patched up your wounds, And prayed for you too.

Now back in the States, You start to break plates I can't leave you alone, As you go into the zone.

Drugs and alcohol Temporarily relieve the pain, As the memories make you feel Like you're going insane.

If suicide is a must, I'm the one you can trust, Let's talk and work through this, As your eyes start to mist.

I will always have your six, If you get lost in the mix I have the anesthetic Because I'm your combat medic.

POINTERLESS PANAGER

Malachi Surber

Honoring the Troops

By Bernard Wroblewski

I packed up all my bags and was shipped to this distant land
Now on the front lines of war I proudly stand.
Wading through the bodies, my blood soaking the soil
I boldly press on, pushing back the dread and turmoil.
Nothing could have prepared me for this carnage that I'm seeing
Or this sadness punching through the core of my being.

We were warned what would come and that some of us may die But I was hoping we could prove that chance to be a lie.
While our loved ones sleep comfortable, with peaceful dreams We lay awake haunted by exposures and blood curdling screams.

I've tried to tune it out but I can't catch a break
It's all I hear, whether I'm asleep or awake.

But we'll finish this war, of that you can be sure We'll endure this hell, so your freedom is secure. All we ask is that you remember the sacrifice of our sisters and brothers For we may not return to see our fathers and mothers. It's a call heard my many and answered by few To willingly pay the butcher's bill for our Nation and for you.

#### **Final Note**

Dear Poets,

Thank you for taking part in this program. The volunteers who read all the poems you submit are impressed with the depth of your writing. They often stop reading poetry to share a poem with others in the room. We have thousands of poems submitted for each anthology, and the students choosing them can only pick enough for our slim packet. While I know seeing your poem in the anthology can be a positive feeling, I know many of you feel poorly about not being chosen. I am not sure what I can say to you, so you do not get discouraged. What I do know is that the students who chose the poems are not experts. They read all the poems and they choose the ones that touch them. Every editor is different and the poems they select reflect their inner world, more than they may reflect on the skill of the individual poet submitting the poem. We are not poetry experts and we do not pretend to be. Our purpose is to create a general selection that highlights the poems submitted in a 6 month period. Even if you are not chosen, please know your poem is read and your words are considered. While it is nice to be chosen, the real purpose of the project is to encourage you to write and express your thoughts. Who you are matters and your thoughts and experiences do to. People on the outside seem to be waking up to the issues of the criminal justice system. Your voice carries experience and can educate people on the various issues around incarceration. Poetry can come alive, and bring movements to life. Your poetry expands our horizons, and I thank the 410 particiapnts who sent in submissions.

This anthology was worked on by many different students so during it's coming together you may have heard from Clare, Lucy, Prashasti. The layout and design was done by Sam. Prisoner Express is fortunate to have a wide range of support in the Alternatives Library Community

We so appreciate working with you and hearing your thoughts in this, and our other Prisoner Express projects, and I hope you will send in submissions for Vol 22 of our series. We are collecting poems now for it and it should be mailed out in 6 months or so.

Please feel free to send feedback on this anthology to us at Prisoner Express. We want to know how participating in this poetry project is for you. How does it strike you when you read others poetry? How does it feel when you are selected to be published?. How do you deal with the feelings that arise when you don't see of your poems included in the pamphlet?

What do you think of the writing presented in these anthologies?

Thank you for sharing yourself and these poems. What ever else can be taken away, your feelings,

thoughts, dreams, philosophies, your poems, those are yours and you have final say on how it is all expressed.. Self-realization. Those pursuits are yours and we hope to aid you in all of the above

I look forward to hearing from you. Gary

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